

Triennial Wellness Policy Assessment Report

As required by law, each school Food Authority (SFA) must establish a plan for measuring implementation of the local wellness policy, including designation of one or more persons with operational responsibility for ensuring that the school is meeting the policy. Assessment should be ongoing. Requirements also include permitting community participation [as required by federal regulation 7 CFR Pat 210.31 (d)] and having a team of collaborators responsible (including those from the community) for reviewing the wellness policy and evaluating results [as required by federal regulation 7 CFR Part 210.31(d) (1)].

A sustained effort by each SFA is necessary to assure that new policies are faithfully implemented. Periodically assess how well the policy is being managed and enforced. Reinforce the policy goals with school staff if necessary. Be prepared to update or amend the policy as the process moves on. The school district or individual schools should celebrate policy success milestones.

The regulations require each SFA to compare their local wellness policies with the model local wellness policy [as required USDA Memo SP24-2017 and federal regulation 7 CFR Part 210.31 (e) (2) (ii)]. **The model local wellness policy is available through OKDHS School Nutrition Programs.**

Note about the model local wellness policy: It is important to keep in mind the fact that the model local wellness policy is best practice, and exceeds current program requirements.

Evaluation and feedback are very important in maintaining a local wellness policy. You need to document any financial impact to the school foodservice program, school stores, or vending machine revenues.

It is also important to assess student, parent, teacher/staff member, and administration satisfaction with the new policies. A good evaluation plan does not need to be extensive, formal or put additional undue burdens on staff that is involved in the process.

Through the evaluation process, you will be able to answer some basic questions that are very important to policymakers, students, school staff, parents, and the general public:

Designated Person(s) responsible for review and compliance [assessment of the policy and implementation of the policy as required by federal regulation 7 CFR Part 210.31 (e) (1)]:

Designated Person's Name	Designated Person's Name
Kim Muhammad	Shazia Malik

Date of Review	08/09/2022
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Triennial Wellness Policy Assessment Report

Name and title of committee members participating in assessment [as required by federal regulations 7 CFR Part 210.31(d) (1) and 7 CFR Part 210.31 (d) (1)]:

Name	Title	Relationship to the SFA
Aleemah Muhammad	Student	
Zaheer Arastru	Dean	
Crystal Isaac	Parent	
Shazia Malik	Al Café Manager	
Aleta Alterkawi	Teacher	
Kim Muhammad	Policy Reviewer	
Ashley Seck	Physical Therapist	

****The committee members name and relationship to the SFA are REQUIRED to be listed in the local wellness policy [as required by federal regulations 7 CFR Part 210.31 (c) (5) and 7 CFR Part 210.31 (d) (1)].***

1. What changes to nutrition education, physical activity, the nutritional quality of foods available to students, and other aspects covered by the policy occurred in each school as a result of the district wellness policy and the last assessment?

For example:

- Did the number of students participating in nutrition education change?
- Did the students have a different number of minutes of physical activity?
- Did any of the campuses change available food options?
- Did participation in the National School Breakfast or Lunch Program change?

We involve the student council, and each class has a student representative.
Teacher have incorporated healthy eating and exercise in lesson plans.
The school now offer physical education to all students.

Triennial Wellness Policy Assessment Report

2. Are the required goals (goals for: nutrition education, nutrition promotion, physical activity, and other school based activities that promote student wellness) listed in the current Local Wellness Policy implemented (review policy)?

<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
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If no, what steps are being taken to ensure implementation?

3. Describe the progress toward attaining the following required goals in the local wellness policy [as required by federal regulation 7 CFR Part 210.31 (e) (2) (iii)]:

a. Goals for nutrition education:

Teachers have incorporated in their lesson plans.

b. Goals for nutrition promotion:

We also announce different healthy and physical education statement in morning assembly.

Triennial Wellness Policy Assessment Report

c. Goals for physical activity:

Elementary – Highschool have PE twice a week

d. Goals for other school based activities that promote student wellness:

4. Does the policy provide “a description of the manner in which parents, students, representatives of the SFA, teachers of physical education, school health professionals, the school board, school administrators, and the general public are provided an opportunity to participate in the development, implementation, and periodic review and update of the local school wellness policy [as required by federal regulation 7 CFR Part 210.31 (c) (5)]?”

<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
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5. What is the assessment of the current Local Wellness Policy?

For example:

- Is it making a difference?
- What's working?
- What's not working?

Triennial Wellness Policy Assessment Report

6. Were recommended revisions in the last assessment adopted into policy?

Yes	<input checked="" type="checkbox"/> No
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If yes, date of last revision	
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If no, why weren't the recommended revisions from the last assessment adopted into policy?
There was not recommend revision made.

7. Has the review team compared policy to other Local Model Wellness Policies as required by USDA mem SP24-2017 and federal regulation 7 CFR Part 210.31 (e) (2) (ii) (**contact OKDHS School Nutrition Programs for a copy of the model wellness policy**)?

<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
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8. How can the impact of the policy be increased to enhance its effect on student health and academic learning?

We have done so by providing survey's

Triennial Wellness Policy Assessment Report

9. Did the school provide this review and updates to the community and team collaborators?

<input checked="" type="checkbox"/> x	<input type="checkbox"/> No
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10. Is the current local wellness policy and the documentation of the most recent assessment and update to the policy (triennial wellness assessment report) posted publicly?

<input checked="" type="checkbox"/> x Yes	<input type="checkbox"/> No
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****Federal regulation 7 CFR Part 210.31 (d) requires the public posting of the current local wellness policy and the triennial wellness assessment report.***

If you need further information on the evaluation process, the following resources are among those available to assist you:

Evaluation Primer: An overview of education evaluation. This material is excerpted from ***Understanding Evaluation: The Way to Better Prevention Programs*** [PDF].

Evaluating Community Programs and Initiatives (chapter 36-39 of the Community Toolbox) developed by the University of Kansas Work Group on Health Promotion and Community Development. This document contains information on developing a plan for evaluation, methods for evaluation and using evaluation to understand and improve the initiative. Available at:

<https://ctb.ku.edu/en/evaluating-community-programs-and-initiatives>

Reference:

Team Nutrition Local School Wellness Policy Page, United States Department of Agriculture. Located at:

<https://www.fns.usda.gov/tn/local-school-wellness-policy>